

THE LAMPLIGHTER

OCTOBER 2022



The Purpose of Country Place HOA is to: Collect our Homeowners Dues and Reinvest in a Responsible and Ethical Manner, Maintain our Common Areas, and Support and Enforce our Protective Covenants.

HALLOWEEN IS ALMOST HERE

Don't forget that Halloween will be coming up next Monday! Be sure to have your front door lights on for the Trick or Treaters so they will know which houses are giving out candy. Also, be extra careful if driving through the neighborhood that evening as we have lots of kids running around and not all of them have bright, reflective clothing on. Many wear black or dark colors. If you want to keep people out of your yards, you may want to rope it off with stakes or something similar. We have contacted the Sheriff's office for 2 Bossier Parish Deputies that night to patrol the neighborhood, as always!

Cocoa With Santa

Cocoa with Santa will be held on December 4th from 2–3:30 pm at the club-house. Santa will be ready for all the little ones and we will have goodies. A reminder will also be in the November newsletter and will also be posted on the Facebook group. As always, there will be hot cocoa and cookies for all. Free pictures with Santa! Come and have a little fun! Hope to see you all there!



Don't forget to go out and vote on Tuesday, November 8th if you haven't already done early voting. Every vote counts!

NOTE: SCHOOLS ARE CLOSED THAT DAY!

With winter months coming up quickly, please remember a few important things!

- Get your flu shots to stay healthy. Everyone in the family should do this unless medical circumstances prevent you from being able to do so.
- If you have elderly neighbors, be sure to check on them often to be sure they are warm and don't need anything.
- Keep your pipes covered if the temperature gets below freezing.
- Wash your hands often to keep germs from spreading and tell your kids to do the same.
- Keep your pets warm when it is cold outside.
- Keep your plants covered if the temperature is below freezing.
- Have your fireplaces cleaned & checked and remember to be safe when using your fireplace.

Blueberry Protein Muffins

Ingredients:

- 1 Cup Old Fashioned Oats
- 1 Cut Instant Oats
- 3 Tbsp. Butter
- 2 Tbsp. Agave
- 3 Ounces Blueberries
- 1/2 Tsp. Salt
- 1 Cup Egg Whites
- 1 Large Egg
- Dash of Cinnamon
- 2/3 Cup Almond Milk
- 2 Tsp. Vanilla Extract

Directions:

- Preheat oven to 350 Degrees
- Whisk Egg
- Melt Butter
- Combine Oats, Butter, Eggs, Egg Whites, Cinnamon, Almond Milk, Vanilla Extract, Salt, Agave, and Mix well.
- After all ingredients are mixed, fold in blueberries
- Portion in the muffin tin.
- It is recommended to use silicone baking cups to prevent sticking
- Bake for 20 minutes

Ranch Dressing

Ingredients:

- 1 cup sour cream
- 1/4 cup full fat Greek yogurt
- 2 tbsp. buttermilk
- 1/2 tsp. White wine vinegar
- 1 garlic clove, crushed
- 1/4 tsp. coarse kosher salt
- 1/2 tsp. onion powder
- 1 tbsp. fresh dill, chopped
- 1 tbsp. fresh parsley, chopped

Directions:

In the base of a shake container, add all ingredients.

Secure the lid and shake well until combined.

Refrigerate up to three days for best results.

**UPCOMING MEETINGS:
NOVEMBER 8TH AT 7:00 PM
NO DECEMBER MEETING DUE
TO CHRISTMAS**

Our website is:

<https://countryplacehoaliving.com/>



“Don’t cry because it’s over, smile because it happened.”

Anonymous

“If you want to be happy, do not dwell on the past, do not worry about the future, focus on living fully in the present.”

Roy J. Bennett

Please remember to call the Sheriff's Office at 318-965-2203 if you see something suspicious or out of the ordinary in the subdivision. We are a Neighborhood Watch Community and want to look out for one another.

Please remember...the Speed Limit on ALL streets in Country Place is **20 MPH**. And **STOP signs mean come to a COMPLETE STOP**. If you see someone speeding, take down the license plate number and call the Bossier Parish Sheriff's Office at 318-965-2203.

Don't forget that the State Fair is coming to town! More info can be found at the link below:

<https://www.statefairoflouisiana.com/>

Board Members

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